Dear Has Been (Wayzata Cross Country Alum),

The Annual Wayzata Cross Country Alumni Party is rapidly approaching. It will be held on **Saturday**, **August 20th**. We will race at the High School on Peony Lane, north of County Road 9. We will keep much of the same race course that we have used in the past. The wooded trail makes it much easier to stop and walk without being observed by your children, spouse, friends, or parents.

The **Alumni Women will race at 9:00** and humiliate the little high school girls over the 2 mile course (it's a 2 mile run/walk). We wish we could say something positive about the high school girls, but we've been told by our mothers not to lie.

The **Little Kids Race** for one to six year olds (staggered from 20 to 60 yards depending on age) will be run at 9:40. All finishers will get blue ribbons.

The **Big Kids Race** of 660 yards for seven to twelve year olds will be run at 9:45. All finishers will receive blue ribbons.

The **Alumni Men** will soundly defeat the High School Pip-Squeaks beginning at **10:01** (it's a 2 mile run/walk). Sadly, the high school boys are, once again, seriously lacking in athletic talent, good looks, and intelligence (but some of their mothers love them).

I would love to see you on the 20th, but more importantly your old running teammates want to see you. It is not important that you run the race, (there is ample time to walk a mile during the race with others and then be fresh for the retelling of past glories at the finish line), it would just be nice to visit. On the other hand, if you want to jog the race at 20 minute mile pace or race it at 5 minute/mile there will be others in attendance looking forward to being alongside you once again.

I do not have email addresses of a lot of your colleagues. If you can get hold of some of your teammates, do it and then convince them to get the band back together on the 20th. If you have friends that went to Wayzata and run now, but didn't run XC- bring them along. If your parents or spouse(s?) or siblings or children run, bring them along and have them join in.

WHAT: WAYZATA ALUMNI CROSS COUNTRY CELEBRATION

WHERE: WAYZATA HIGH SCHOOL - 4955 Peony Lane (meet behind the school, west of the tennis courts)

WHEN: SATURDAY, AUGUST 20th - Women run at 9:00, Kids run at 9:40, Men run at 10:02 AM.

Yours in running, Bill Miles, Has Been Emeritus 4101 Thrushwood Ln Minnetonka, MN 55345 (612-220-8455) billmiles78@gmail.com